



## Five Minute Goals Worksheet

**This worksheet and its contents accompany “Singles: A Choose Your Own Financial Adventure Book” by Laura M. Oliver available now on Amazon!**

Congratulations on taking this step toward financial freedom- figuring out your goals!

Grab your cell phone, put it in airplane mode and set an alarm for five minutes from now. For the next five minutes I want you to write about your “best possible future self” in one year. And this is about YOU, not your bank account.

Just write free style. Any goals you see for yourself: education, marriage, job achievement, spirituality, or travel--the sky's the limit. I will say though, don't go too crazy. You will need to create steps to achieve these.

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Now under each of these big goals, write 4 or 5 steps to achieve them. For example, my highest priority goal in 2018 (I was doing five year goals) was to buy a new house. So here is what I wrote under it:

1. Save \$10,000 for work on current house and expenses for purchase and move.
2. Collect quotes from contractors and get work done on current house.
3. Get pre-approval quotes from mortgage companies
4. Select a realtor and get current house on the market.
5. Write a list of wants for new house and select desired neighborhoods.

If 21 year old Laura had written goals the highest one would have been to find a full time job in a field I was interested in with health insurance and retirement benefits. Here is what I would have written under it:

1. Find appropriate clothing for job interviews.
2. Create resume and have three people proofread it.
3. Do research online for companies that fit this criteria within a reasonable driving distance of home.
4. Set up accounts on major classifieds websites.
5. Apply for jobs.

Spend some time working on this. It is absolutely pivotal for being able to move forward in the most successful way. If *these* are the things you want to accomplish in your life, they need to be highest priority. If you want to know where your priorities are, look at where you spend your “extra” money. You want these to be solid and well-thought-out goals!